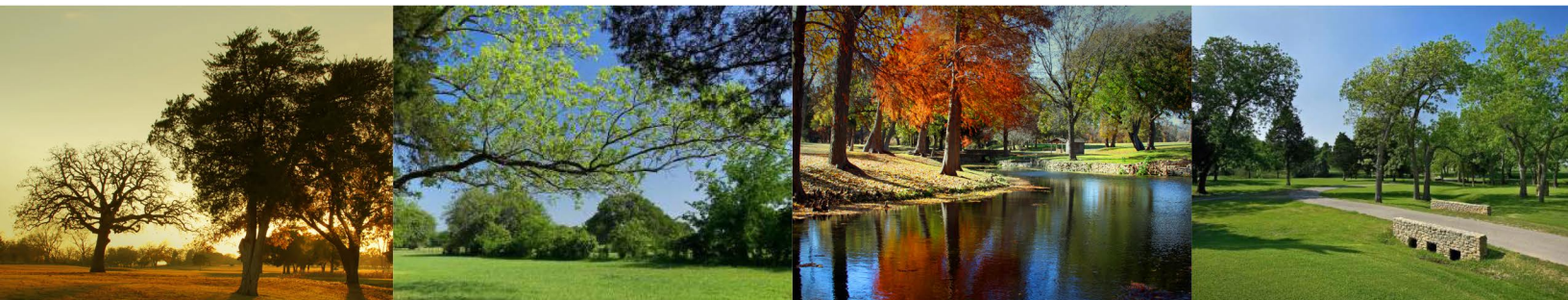




ESTELA AVERY — HOUSE —

The staff at Clear Springs Ranch understands the unique challenges women face when approaching the process of recovery. For this reason, we have opened the brand-new Estela Avery House -- a beautiful women-only residential facility.

This building offers serene views and the program features an all-female staff of clinicians and recovery advocates. Fifteen residents will receive gender-specific medical detox and nursing care as needed on-site from day one. Mealtimes in the Café are staggered so that women feel a profound sense of safety and seclusion.



At Clear Springs Ranch, we understand that women generally face more gender-based risk factors than men, which may include:

- Domestic and sexual violence
- Socio-economic disadvantage
- Lower income and income inequality
- Lower or subordinate social status and rank
- Greater responsibility for the care of others

These risk factors may result in women experiencing more incidents of depression, anxiety, somatic complaints and trauma. Due to the highly specific needs of women, Estela Avery House residents can relax in an environment designed for the unique needs of women. Here they will receive the emotional security and support necessary for healing.

Issues addressed from admission to aftercare include:

- Self-Esteem
- Sexism
- Stigma
- Family of Origin
- Mother/Daughter Relationships
- Domestic Violence
- Codependency
- Body Image
- Sexuality and Addictions
- Spirituality

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